



# ST LAURENCE CHURCH CATFORD

Maundy Thursday

## EVENING MASS OF THE LORD'S SUPPER

A warm welcome to St Laurence's this evening as the years roll back, and we are in the upper room with Jesus and his disciples as they share a last supper together. That Last Supper of our Lord has become our Christian eucharist, celebrated every week, every day, in churches all over the world. It is a foretaste of the heavenly banquet celebrated at the end of time upon God's holy mountain, where all are fed, and every tear is wiped away.

Before mass begins, the organist plays.

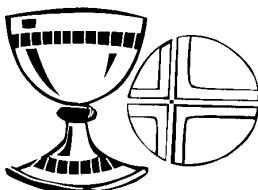
At the entrance of the sanctuary party, please stand to sing the first hymn!

Deck thyself, my soul, with gladness,  
leave the gloomy haunts of sadness;  
come into the daylight's splendour,  
there with joy thy praises render  
unto him whose grace unbounded  
hath this wondrous banquet founded:  
high o'er all the heavens he reigneth,  
yet to dwell with thee he deigneth.

Now I sink before thee lowly,  
filled with joy most deep and holy,  
as with trembling awe and wonder  
on thy mighty works I ponder:  
how, by mystery surrounded,  
depth no mortal ever sounded,  
none may dare to pierce unbidden  
secrets that with thee are hidden.

Sun, who all my life dost brighten,  
light, who dost my soul enlighten,  
joy, the sweetest heart e'er knoweth,  
fount, whence all my being floweth,  
at thy feet I cry, 'my Maker,  
let me be a fit partaker  
of this blessed food from heaven,  
for our good, thy glory, given.'

Jesus, Bread of Life, I pray thee,  
let me gladly here obey thee;  
never to my hurt invited,  
be thy love with love requited:  
from this banquet let me measure,  
Lord, how vast and deep its treasure;  
through the gifts thou here dost give me,  
as thy guest in heaven receive me.



**ENTRANCE ANTIPHON:**

*We should glory in the cross of our Lord Jesus Christ,  
for he is our salvation, our life and our resurrection;  
through him we are saved and made free.*

**After greeting the people, the celebrant says:**

My dear people,  
this morning our bishop blessed the Oils of the sick  
and of the catechumens,  
and then, together with our priests from the parishes  
of the diocese, he consecrated the Holy Chrism.

These oils will be used during the coming year  
throughout the diocese in the celebration  
of the sacraments.

They will bring consolation and healing to the sick:  
they will strengthen the catechumens for baptism:  
and the Holy Chrism, a sign of life and salvation,  
will be used to anoint the newly baptised,  
to confirm Christians in their likeness to Christ  
and encourage their witness to the Faith,  
and to preserve those who are ordained  
for their work of sanctifying.

The Holy Oils are a symbol of our unity with our  
bishops and with all the faithful of the diocese.  
On this holy night they have been brought to the altar  
as a reminder of that unity  
and of the work of salvation carried out by our parish  
in the grace and power of Christ.

The oils are taken to a prominent place, and  
the priest invites the people to call to mind  
their sins.

**After a moment of silence:**

**Almighty God, our heavenly Father,  
we have sinned against you  
and against each other  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry,  
and repent of all our sins.**

**For the sake of your Son, Jesus Christ,  
who died for us,  
forgive us all that is past;  
and grant that we may serve you  
in newness of life  
to the glory of your name. Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon ✠ and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.  
**Amen.**

Our sins forgiven, we sing the *Gloria*:

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father,  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.

#### OPENING PRAYER

God our Father,  
we are gathered here to share in the supper which your  
only Son left to his Church to reveal his love.  
He gave it to us when he was about to die  
and commanded us to celebrate it  
as the new and eternal sacrifice.  
We pray that in this eucharist  
we may find the fullness of love and life.  
Grant this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit, one  
God, for ever and ever. Amen.

#### FIRST READING (Exodus 12:1-8, 11-14)

*A reading from the book of Exodus*

The Lord said to Moses and Aaron in the land of Egypt, 'This month is to be the first of all the others for you, the first month of your year. Speak to the whole community of Israel and say, "On the tenth day of this month each man must take an animal from the flock, one for each family: one animal for each household. If the household is too small to eat the animal, a man must join with his neighbour, the nearest to his house, as the number of persons requires. You must take into account what each can eat in deciding the number for the animal. It must be an animal without blemish, a male one year old; you may take it from either sheep or goats. You must keep it till the fourteenth day of the month when the whole assembly of the community of Israel shall slaughter it between the two evenings. Some of the blood must then be taken and put on the two doorposts and the lintel of the houses where it is eaten. That night, the flesh is to be eaten, roasted over the fire; it must be eaten with unleavened bread and bitter herbs. You shall eat it like this: with a girdle round your waist, sandals on your feet, a staff in your hand. You shall eat it hastily: it is a passover in honour of the Lord. That night, I will go through the land of Egypt and strike down all the first-born in the land of Egypt, man and beast alike, and I shall deal out punishment to all the gods of Egypt, I am the Lord.

The blood shall serve to mark the houses that you live in. When I see the blood I will pass over you and you shall escape the destroying plague when I strike the land of Egypt. This day is to be a day of remembrance for you, and you must celebrate it as a feast in the Lord's honour. For all generations you are to declare it a day of festival, for ever”

This is the word of the Lord.

Psalm 116: 11-16 *Dilexi, Quoniam*



What reward shall I give un|to the | Lord:  
for all the benefits that he hath | done | unto | me?

I will receive the | cup of . sal|vation:  
and call upon the | Name | of the | Lord.

I will pay my vows now in the presence of | all his |  
people:  
right dear in the sight of the Lord is the | death |  
of his | saints.

Behold, O Lord, how that I | am thy | servant:  
I am thy servant, and the son of thine handmaid; \*  
thou hast | broken . my | bonds in | sunder.

I will offer to thee the sacrifice | of thanks|giving:  
and will call upon the | Name | of the | Lord.

I will pay my vows unto the Lord, \* in the sight of | all  
his | people:  
in the courts of the Lord's house, \* even in the  
midst of thee, O Je|rusa. lem | Praise the | Lord.

SECOND READING 1 CORINTHIANS 11:23-26

*A reading from the first letter of St Paul to the  
Corinthians*

For this is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

This is the word of the Lord.



## GOSPEL ACCLAMATION

**Glory to you, O Christ, you are the word of God!**

I give you a new commandment: love one another just as I have loved you, says the Lord.

**Glory to you, O Christ, you are the word of God!**

**Gospel (John 13:1-15)**

*Hear the gospel of our Lord Jesus Christ according to John.*

It was before the festival of the Passover, and Jesus knew that the hour had come for him to pass from this world to the Father. He had always loved those who were his in the world, but now he showed how perfect his love was.

They were at supper, and the devil had already put it into the mind of Judas Iscariot son of Simon, to betray him. Jesus knew that the Father had put everything into his hands, and that he had come from God and was returning to God, and he got up from table, removed his outer garment and, taking a towel, wrapped it round his waist; he then poured water into a basin and began to wash the disciples' feet and to wipe them with the towel he was wearing.

He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' Jesus answered, 'At the moment you do not know what I am doing, but later you will understand.' 'Never!' said Peter 'You shall never wash my feet.' Jesus replied, 'If I do not wash you, you can have nothing in common with me.' 'Then, Lord,' said Simon Peter 'not only my feet, but my hands and my head as well!' Jesus said, 'No one who has taken a bath needs washing, he is clean all over. You too are clean, though not all of you are.' He knew who was going to betray him, that was why he said, 'though not all of you are.'

When he had washed their feet and put on his clothes again he went back to the table. 'Do you understand' he said 'what I have done to you? You call me Master and Lord, and rightly; so I am. If I, then, the Lord and Master, have washed your feet, you should wash each other's feet. I have given you an example so that you may copy what I have done to you.'

This is the Gospel of the Lord

The sermon and the washing of the feet follow. The choir sing Dominic Fox's setting of *Ubi Caritas*: 'Ubi caritas et amor, ibi Deus est'. ('Where there is love, there is God').

Please sit or kneel for the intercessions, and then stand for the peace.



## The Offertory hymn

We hail thy presence glorious,  
O Christ our great High Priest,  
o'er sin and death victorious,  
at thy thanksgiving feast:  
as thou art interceding  
for us in heaven above,  
thy Church on earth is pleading  
thy perfect work of love.

Through thee in every nation  
thine own their hearts upraise,  
Offering one pure oblation,  
one sacrifice of praise:  
With thee in blest communion  
the living and the dead  
Are joined in closest union,  
One body with one head.

O living bread from heaven,  
Jesu, our Saviour good,  
who thine own self hast given  
to be our souls' true food;  
for us thy body broken  
hung on the Cross of shame:  
this bread its hallowed token  
we break in thy dear name.

O stream of love unending,  
poured from the one true vine,  
with our weak nature blending  
the strength of life divine;  
our thankful faith confessing  
in thy life-blood outpoured,  
we drink this cup of blessing  
and praise thy name, O Lord.

### PRAYER OVER THE GIFTS

Lord,  
make us worthy to celebrate these mysteries.  
Each time we offer this memorial sacrifice  
the work of our redemption is accomplished.  
We ask this in the name of Jesus the Lord. Amen.

### THE EUCHARISTIC PRAYER

The Lord be with you  
and also with you.

Lift up your hearts

**We lift them to the Lord**

Let us give thanks to the Lord our God

**It is right to give thanks and praise**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ,  
your living Word,

through whom you have created all things;  
who was sent by you in your great goodness  
to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will  
and won for you a holy people.

And now we give you thanks,  
because having loved his own  
who were in the world,  
he loved them to the end;  
and on the night before he suffered,  
sitting at table with his disciples,  
he instituted these holy mysteries,  
that we, redeemed by his death  
and restored to life by his resurrection,  
might be partakers of his divine nature.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying: (*choir*)

Holy, holy, holy Lord God of hosts.  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord most high.

Blessed is he that cometh in the name of the Lord.

Hosanna in the highest. (*Ralph Vaughan Williams*)

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:

*Take, eat; this is my body which is given for you;  
do this in remembrance of me.*

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:

*Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the  
forgiveness of sins.*

*Do this, as often as you drink it,  
in remembrance of me.*

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father,  
calling to mind his death on the cross,  
his perfect sacrifice made once  
for the sins of the whole world;  
rejoicing in his mighty resurrection  
and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice  
of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.  
Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we,  
in the company of Laurence and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever. Amen.

As our Saviour taught us, we are bold to say:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

We break this bread to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

**Please kneel, while the bread is broken.**

O Lamb of God  
that takest away the sins of the world  
have mercy upon us.  
O Lamb of God,  
that takest away the sins of the world,  
have mercy upon us.  
O Lamb of God,  
that takest away the sins of the world,  
grant us thy peace. *(Vaughan Williams)*

This is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

**The priest will say to all:**

The body of Christ

**and everyone who intends to receive  
communion replies together**

***Amen.***



All who are prepared and are accustomed to receiving holy communion are invited to join with us this evening. Please follow the guidance of the churchwardens, who will invite you to the front of the church to receive if you wish.

Please receive the host standing, and allow the priest to drop the wafer into your hand. If you wish to share in the chalice, please move over to a chalice bearer to the left or right of the priest. If you would like a blessing instead, please bow your head.

While the people are receiving communion, the choir will sing this anthem by Herbert Howells, and then all join in the hymn that follows

Like as the hart desireth the waterbrooks, so longeth my soul after thee, O God. My soul is athirst for God: yea, even for the living God. When shall I come to appear before the presence of God? My tears have been my meat day and night, while they daily say unto me: Where is now thy God? *Psalm 42, 1-3*

Once, only once, and once for all,  
his precious life he gave;  
before the Cross in faith fall,  
and own it strong to save.

‘One offering, single and complete,’  
with lips and heart we say;  
but what he never can repeat  
he shows forth day by day.

For, as the priest of Aaron’s line  
within the holiest stood,  
and sprinkled all the mercy-shrine  
with sacrificial blood;

so he, who once atonement wrought,  
our Priest of endless power,  
presents himself for those he bought  
in that dark noontide hour.

His manhood pleads where now it lives  
on heaven’s eternal throne,  
and where in mystic rite he gives  
its presence to his own.

And so we show thy death, O Lord,  
till thou again appear;  
and feel, when we approach thy board,  
we have an altar here.

All glory to the Father be,  
all glory to the Son,  
all glory, Holy Ghost, to thee,  
while endless ages run.

#### TRANSFER OF THE HOLY EUCHARIST

The Blessed Sacrament is now taken to the altar of repose, where it will remain until tomorrow as we sing ‘Of the glorious body telling’. The lights of the church will go out as Jesus leaves our presence.

OF the glorious body telling,  
O my tongue, its mysteries sing,  
And the blood, all price excelling,  
Which the world's eternal King,  
In a spotless womb once dwelling,  
Shed for this world's ransoming.

Given for us, for us descending,  
Of a virgin to proceed,  
Man with man in converse blending,  
Scattered he the gospel seed,  
Till his sojourn drew to ending,  
Which he closed in wondrous deed.

At the last great supper lying  
Circled by his chosen band,  
Duly with the law complying,  
First he finished its command,  
Then, immortal food supplying,  
Gave himself by his own hand.

Word-made-flesh, by word he maketh  
Bread his very flesh to be;  
Man in wine Christ's blood partaketh:  
And if senses fail to see,  
Faith alone the true heart waketh  
To behold the mystery.

Therefore we, before him bending,  
This great sacrament revere:  
Types and shadows have their ending,  
For the newer rite is here;  
Faith, our outward sense befriending,  
Makes the inward vision clear.

Glory let us give and blessing  
To the Father and the Son,  
Honour, might and praise addressing,  
While eternal ages run;  
Ever too his love confessing,  
Who, from both, with both is one. Amen.

The Church is then stripped bare, while the choir sing Psalm 22 expressing the despair of the disciples at the arrest of Jesus.

My God, my God, look upon me; why hast thou forsaken me: and art so far from my health, and from the words of my complaint?

O my God, I cry in the day-time, but thou hearest not: and in the night-season also I take no rest.

And thou continuest holy: O thou worship of Israel.

Our fathers hoped in thee: they trusted in thee, and thou didst deliver them.

They called upon thee, and were holpen: they put their trust in thee, and were not confounded.

But as for me, I am a worm, and no man: a very scorn of men, and the outcast of the people.

All they that see me laugh me to scorn: they shoot out their lips, and shake their heads, saying,

He trusted in God, that he would deliver him: let him deliver him, if he will have him.

But thou art he that took me out of my mother's womb: thou wast my hope, when I hanged yet upon my mother's breasts.

I have been left unto thee ever since I was born: thou art my God even from my mother's womb.

O go not from me, for trouble is hard at hand: and there is none to help me.

Many oxen are come about me: fat bulls of Basan close me in on every side.

They gape upon me with their mouths: as it were a ramping and a roaring lion.

I am poured out like water, and all my bones are out of joint: my heart also in the midst of my body is even like melting wax.

My strength is dried up like a potsherd, and my tongue cleaveth to my gums: and thou shalt bring me into the dust of death.

For many dogs are come about me: and the council of the wicked layeth siege against me.

They pierced my hands and my feet; I may tell all my bones: they stand staring and looking upon me.



They part my garments among them: and cast lots upon my vesture.

But be not thou far from me, O Lord: thou art my succour, haste thee to help me.

Deliver my soul from the sword: my darling from the power of the dog.

Save me from the lion's mouth: thou hast heard me also from among the horns of the unicorns.

I will declare thy name unto my brethren: in the midst of the congregation will I praise thee.

O praise the Lord, ye that fear him: magnify him, all ye of the seed of Jacob, and fear him, all ye seed of Israel;

For he hath not despised, nor abhorred, the low estate of the poor: he hath not hid his face from him, but when he called unto him he heard him.

My praise is of thee in the great congregation : my  
vows will I perform in the sight of them that fear him.

The poor shall eat, and be satisfied: they that seek after  
the Lord shall praise him: your heart shall live for ever.

All the ends of the world shall remember themselves,  
and be turned unto the Lord: and all the kindreds of  
the nations shall worship before him.

For the kingdom is the Lord's: and he is the Governor  
among the people.

All such as be fat upon earth: have eaten, and  
worshipped.

All they that go down into the dust shall kneel before  
him: and no man hath quickened his own soul.

My seed shall serve him: they shall be counted unto  
the Lord for a generation.

They shall come, and the heavens shall declare his  
righteousness: unto a people that shall be born, whom  
the Lord hath made.

When the choir have finished singing, please  
leave the church in silence via the Lady Chapel  
doors. Everyone is encouraged to spend a little  
time in prayer in the Lady Chapel, or come  
back any time up until midnight.

Good Friday begins with morning prayer at  
9am. At 12.30, meditation on the cross with  
organ. The liturgy of Good Friday is at 2pm.

**O Lord Jesus Christ, who didst say to thine  
apostles, "Peace I leave you, my peace I give  
unto you";  
look not on our sins but on the faith of your  
Church, and grant it that peace and unity  
which is agreeable to thy will.**

